

AYC RULE CLARIFICATIONS AND WHAT'S NEW FOR 2018

- All skill levels and all divisions are all music, up to 2 minutes 30 seconds. A cheer is NOT required.
- White level is for teams with athletes and coaches that have little to no experience. This level is for Novice and Beginner athletes and coaches.
- Red level is for teams with athletes and coaches where a majority of the team has mastered white level skills. This level is for Intermediate skilled athletes and coaches.
- Blue level is for teams with athletes and coaches where a majority of the team has mastered red level skills. This level is for Intermediate to Advanced athletes and coaches.
- Division 10 skill level is limited to White or Red. Division 18 skill level is limited to Red or Blue.
- White Tumbling (see page 19)
 1. One foot must be on the performing surface at the initiation of any tumbling skill. No assisted tumbling allowed. A handstand on the performing surface held by another athlete on the performing surface is considered choreography and not tumbling. An athlete can have one foot in a knee level/thigh level stunt and one foot on the performing surface and perform a back walkover.
 2. No tumbling is allowed immediately following a round off.
- White Partner Stunts (see page 19)
 1. An additional spotter is NOT required when transitioning from prep to shoulder sit.
 2. Moving stunts are allowed. No more than $\frac{1}{4}$ cumulative rotation by the base(s) and top person while building a stunt. Once the stunt is hit and the athletes show a definite and clear stop with a stationary top person, then they may continue to walk the stunt an additional rotation.
- White Dismounts (see page 19)
 1. No dismounts are allowed from extended stunts in pyramids. An extended stunt must be brought down to prep level before it can be dismounted.
 2. Division 8 restricted to straight cradle only, no twisting.
- Red Tumbling (see page 20)
 1. Series standing tumbling is NOT allowed. (multiple standing BHS)
 2. There is NO twisting or turning allowed after a back handspring step out.
 3. Jump to BHS is now scored in Standing tumbling and not a jump score.
- Red Partner Stunts (see page 20)
 1. Forward and backward suspended rolls are NOT allowed from a Prep. A forward/backward suspended roll from the performing surface to the performing surface is allowed in Red providing it doesn't stall.

AYC RULE CLARIFICATIONS AND WHAT'S NEW FOR 2018

2. 360 sponge to sponge is NOT allowed.
- Red Dismounts (see page 20)
 1. NO twisting from 2 leg extended stunts.
 2. Division 8 restricted to straight cradle only, no twisting.
 - Blue Tumbling (see page 21)
 1. Standing series BHS is now a blue level skill.
 2. Jump to tuck is scored in standing tumbling and not jumps.
 - When does a prep NOT need a back spotter for Red and Blue level teams?
 1. When it's loading.
 2. When it's just a prep (one person standing in the hands of two others at shoulder level).
 3. When it's bracing another person, who is in contact with their own bases.
 4. When it's "bumping down"
 5. When it's dismounting using a "pencil drop" where the bases assist the landing to the floor.
 - When does a prep require a back spotter for Red and Blue level teams?
 1. When it's cradling.
 2. When it extends.
 3. When the feet of the top person are in the hands of a single base.
 4. When it's bracing an inversion or a release in a pyramid.
 - Rubric – Judge 2 Pyramid
 1. Tosses count as a transition but are NOT a required transition, and do not have to be performed in the "pyramid section" of the routine to count as a pyramid transition.
 2. To score in the higher end of the range, transitions should be performed by the majority of stunt groups whenever possible.
 - Rubric – Judge 3 Running and Standing Tumbling
 1. Cumulative scoring for running tumbling. Teams will be required to perform one sequence with all their running tumbling, any additional running tumbling passes before or after that will be added to their total number of passes.
 2. Cumulative scoring for standing tumbling. Teams will be required to perform one sequence with all their standing tumbling, any additional standing tumbling before or after that will be added to their total number of skills.
 3. Teams that need to recycle tumblers in order to score in the higher bracket will score in the lowest end of the "some" range. Teams with "some" athletes performing tumbling without recycling will score in the high end of the range.

Page reference numbers refer to the 2018 AYC Rulebook located at www.myayf.com